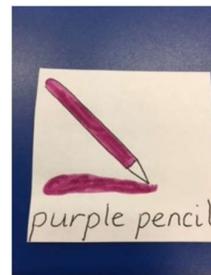


52 Things to Support your Child's

Speech and Language Skills.

Tongue Twisters!

A tongue twister is a phrase that includes sounds or words that can be challenging to pronounce quickly and correctly. They are a great way to practise pronunciation and should be fun.



Take one of your child's favourite food/animals/toys, for example, apple. With your child think of words that start with the same first sound. Using these words, create a Tongue Twister, for example, **ant's apples**. Practise saying slowly and clearly 3 times.

Make it easier:

- Use actions or draw a picture to help remind your child.

Make it harder:

- Say each tongue twister 3 times, at first slowly and clearly. Then say it a little faster. Increase the speed gradually making sure the sounds stay clear in all the words.
- Add more words, for example, **angry ant's apple, an angry ant's apple, an angry ant's appalling apple!**

Have fun! ☺

